



**Mondays to Fridays**

[illegible]

<b>Dagenham Oval Road South</b> ... ..	<b>1727</b>	<b>1739</b>	<b>1751</b>	<b>1805</b>	<b>1819</b>	<b>1835</b>	<b>1851</b>	<b>1908</b>	<b>1925</b>	45	05	25	<b>2245</b>	<b>2308</b>	<b>2330</b>	<b>2350</b>	<b>0010</b>	<b>0030</b>
<b>Dagenham Chequers</b> ... ..	<b>1732</b>	<b>1744</b>	<b>1756</b>	<b>1810</b>	<b>1824</b>	<b>1838</b>	<b>1854</b>	<b>1911</b>	<b>1928</b>	48	08	28	<b>2248</b>	<b>2311</b>	<b>2333</b>	<b>2353</b>	<b>0013</b>	<b>0033</b>
<b>Dagenham Heathway Station</b> Ⓢ	<b>1736</b>	<b>1748</b>	<b>1800</b>	<b>1814</b>	<b>1828</b>	<b>1842</b>	<b>1858</b>	<b>1915</b>	<b>1931</b>	51	11	31	<b>2251</b>	<b>2314</b>	<b>2336</b>	<b>2356</b>	<b>0016</b>	<b>0036</b>
<b>Dagenham Four Wantz Corner</b> ... ..	<b>1744</b>	<b>1756</b>	<b>1808</b>	<b>1822</b>	<b>1836</b>	<b>1848</b>	<b>1904</b>	<b>1921</b>	<b>1937</b>	57	17	37	<b>2257</b>	<b>2320</b>	<b>2342</b>	<b>0002</b>	<b>0022</b>	<b>0042</b>
<b>Rush Green Hospital</b> ... ..	<b>1749</b>	<b>1801</b>	<b>1813</b>	<b>1827</b>	<b>1840</b>	<b>1852</b>	<b>1908</b>	<b>1925</b>	<b>1941</b>	01	21	41	<b>2301</b>	<b>2323</b>	<b>2345</b>	<b>0005</b>	<b>0025</b>	<b>0045</b>
<b>Romford Station</b> Ⓢ ... ..	<b>1757</b>	<b>1809</b>	<b>1821</b>	<b>1835</b>	<b>1847</b>	<b>1859</b>	<b>1915</b>	<b>1932</b>	<b>1947</b>	07	27	47	<b>2307</b>	<b>2328</b>	<b>2350</b>	<b>0010</b>	<b>0030</b>	<b>0050</b>
<b>Romford Market</b> ... ..	<b>1800</b>	<b>1812</b>	<b>1824</b>	<b>1838</b>	<b>1850</b>	<b>1902</b>	<b>1918</b>	<b>1934</b>	<b>1949</b>	09	29	49	<b>2309</b>	<b>2330</b>	<b>2352</b>	<b>0012</b>	<b>0032</b>	<b>0052</b>
<b>Gallows Corner</b> ... ..	<b>1809</b>	<b>1821</b>	<b>1833</b>	<b>1845</b>	<b>1857</b>	<b>1909</b>	<b>1925</b>	<b>1940</b>	<b>1955</b>	15	35	55	<b>2315</b>	<b>2335</b>	<b>2357</b>	<b>0017</b>	<b>0037</b>	<b>0057</b>
<b>Harold Hill Goosheys Drive</b> ... ..	<b>1816</b>	<b>1828</b>	<b>1840</b>	<b>1852</b>	<b>1904</b>	<b>1916</b>	<b>1932</b>	<b>1946</b>	<b>2001</b>	21	41	01	<b>2321</b>	<b>2341</b>	<b>0003</b>	<b>0023</b>	<b>0043</b>	<b>0103</b>
<b>Noak Hill Tees Drive</b> ... ..	<b>1821</b>	<b>1833</b>	<b>1845</b>	<b>1857</b>	<b>1909</b>	<b>1921</b>	<b>1936</b>	<b>1950</b>	<b>2005</b>	25	45	05	<b>2325</b>	<b>2345</b>	<b>0007</b>	<b>0027</b>	<b>0047</b>	<b>0107</b>

## Saturdays

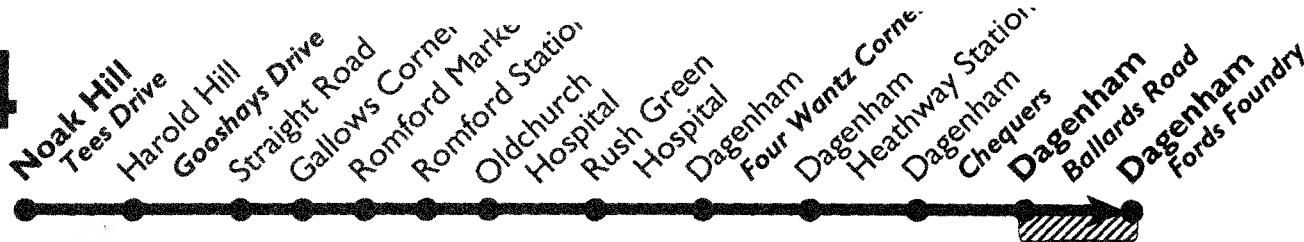
<b>Dagenham</b> <i>Oval Road South</i> ... ..	<b>0525</b>	<b>0545</b>	<b>0605</b>	<b>0625</b>	<b>0645</b>	<b>0705</b>	<b>0725</b>	<b>0745</b>	<b>0805</b>		<b>1746</b>	<b>1758</b>	<b>1810</b>	<b>1825</b>	<b>1845</b>	<b>1905</b>
Dagenham <i>Chequers</i> ... ..	<b>0528</b>	<b>0548</b>	<b>0608</b>	<b>0628</b>	<b>0648</b>	<b>0708</b>	<b>0728</b>	<b>0748</b>	<b>0808</b>		<b>1750</b>	<b>1802</b>	<b>1813</b>	<b>1828</b>	<b>1848</b>	<b>1908</b>
Dagenham <i>Heathway Station</i> Ⓢ ... ..	<b>0531</b>	<b>0551</b>	<b>0611</b>	<b>0631</b>	<b>0651</b>	<b>0711</b>	<b>0731</b>	<b>0751</b>	<b>0811</b>		<b>1754</b>	<b>1806</b>	<b>1816</b>	<b>1831</b>	<b>1851</b>	<b>1911</b>
Dagenham <i>Four Wantz Corner</i> ... ..	<b>0537</b>	<b>0557</b>	<b>0617</b>	<b>0637</b>	<b>0657</b>	<b>0717</b>	<b>0737</b>	<b>0757</b>	<b>0817</b>	Then about every 10 minutes until	<b>1801</b>	<b>1812</b>	<b>1822</b>	<b>1837</b>	<b>1857</b>	<b>1917</b>
Rush Green <i>Hospital</i> ... ..	<b>0540</b>	<b>0600</b>	<b>0620</b>	<b>0640</b>	<b>0700</b>	<b>0720</b>	<b>0741</b>	<b>0801</b>	<b>0821</b>		<b>1806</b>	<b>1816</b>	<b>1826</b>	<b>1841</b>	<b>1901</b>	<b>1921</b>
Romford <i>Station</i> Ⓢ ... ..	<b>0515</b>	<b>0545</b>	<b>0605</b>	<b>0625</b>	<b>0645</b>	<b>0705</b>	<b>0725</b>	<b>0747</b>	<b>0807</b>		<b>1814</b>	<b>1822</b>	<b>1832</b>	<b>1847</b>	<b>1907</b>	<b>1927</b>
Romford <i>Market</i> ... ..	<b>0517</b>	<b>0547</b>	<b>0607</b>	<b>0627</b>	<b>0647</b>	<b>0707</b>	<b>0727</b>	<b>0749</b>	<b>0809</b>		<b>1816</b>	<b>1824</b>	<b>1834</b>	<b>1849</b>	<b>1909</b>	<b>1929</b>
Gallows <i>Corner</i> ... ..	<b>0522</b>	<b>0552</b>	<b>0612</b>	<b>0632</b>	<b>0652</b>	<b>0712</b>	<b>0732</b>	<b>0755</b>	<b>0815</b>		<b>1822</b>	<b>1830</b>	<b>1840</b>	<b>1855</b>	<b>1915</b>	<b>1935</b>
Harold Hill <i>Goashys Drive</i> ... ..	<b>0528</b>	<b>0558</b>	<b>0618</b>	<b>0638</b>	<b>0658</b>	<b>0718</b>	<b>0738</b>	<b>0801</b>	<b>0821</b>		<b>1828</b>	<b>1836</b>	<b>1846</b>	<b>1901</b>	<b>1921</b>	<b>1941</b>
Noak Hill <i>Tees Drive</i> ... ..	<b>0532</b>	<b>0602</b>	<b>0622</b>	<b>0642</b>	<b>0702</b>	<b>0722</b>	<b>0742</b>	<b>0805</b>	<b>0825</b>		<b>1832</b>	<b>1840</b>	<b>1850</b>	<b>1905</b>	<b>1925</b>	<b>1945</b>

<b>Dagenham Oval Road South</b> ... ..	<b>1925</b>	45	05	25	<b>2245</b>	<b>2308</b>	<b>2330</b>	<b>2350</b>	<b>0010</b>	<b>0030</b>
Dagenham Chequers ... ..	<b>1928</b>	48	08	28	<b>2248</b>	<b>2311</b>	<b>2333</b>	<b>2353</b>	<b>0013</b>	<b>0033</b>
Dagenham Heathway Station  ... ..	<b>1931</b>	51	11	31	<b>2251</b>	<b>2314</b>	<b>2336</b>	<b>2356</b>	<b>0016</b>	<b>0036</b>
Dagenham Four Wanz Corner ... ..	<b>1937</b>	57	17	37	<b>2257</b>	<b>2320</b>	<b>2342</b>	<b>0002</b>	<b>0022</b>	<b>0042</b>
Rush Green Hospital ... ..	<b>1941</b>	01	21	41	<b>2301</b>	<b>2323</b>	<b>2345</b>	<b>0005</b>	<b>0025</b>	<b>0045</b>
Romford Station  ... ..	<b>1947</b>	07	27	47	<b>2307</b>	<b>2328</b>	<b>2350</b>	<b>0010</b>	<b>0030</b>	<b>0050</b>
Romford Market ... ..	<b>1949</b>	09	29	49	<b>2309</b>	<b>2330</b>	<b>2352</b>	<b>0012</b>	<b>0032</b>	<b>0052</b>
Gallows Corner ... ..	<b>1955</b>	15	35	55	<b>2315</b>	<b>2335</b>	<b>2357</b>	<b>0017</b>	<b>0037</b>	<b>0057</b>
Harold Hill Gooshays Drive ... ..	<b>2001</b>	21	41	01	<b>2321</b>	<b>2341</b>	<b>0003</b>	<b>0023</b>	<b>0043</b>	<b>0103</b>
Noak Hill Tees Drive ... ..	<b>2005</b>	25	45	05	<b>2325</b>	<b>2345</b>	<b>0007</b>	<b>0027</b>	<b>0047</b>	<b>0107</b>

### Sundays and Public Holidays

Dagenham Oval Road South	...	...	...	...	0705	0735	0805	0825	0845	0905	0925	0945	1005	1025	1042	02	22	42	1802		
Dagenham Chequers	...	...	...	...	...	0708	0738	0808	0828	0848	0908	0928	0948	1008	1028	1047	07	27	47	1807	
Dagenham Heathway Station	...	...	...	...	...	0711	0741	0811	0831	0851	0911	0931	0951	1011	1031	1051	11	31	51	1811	
Dagenham Four Wantz Corner	...	...	...	...	...	0717	0747	0817	0837	0857	0917	0937	0957	1017	1037	1057	17	37	57	1817	
Rush Green Hospital	...	...	...	...	...	0720	0750	0820	0840	0900	0920	0940	1000	1020	1041	1101	21	41	01	1821	
Romford Station	...	...	...	...	0625	0655	0725	0755	0825	0845	0905	0925	0945	1005	1025	1046	1106	26	46	06	1826
Romford Market	...	...	...	...	0627	0657	0727	0757	0827	0847	0907	0927	0947	1007	1027	1048	1108	28	48	08	1828
Gallows Corner	...	...	...	...	0632	0702	0732	0802	0832	0852	0912	0932	0952	1012	1032	1054	1114	34	54	14	1834
Harold Hill Goashays Drive	...	...	...	...	0638	0708	0738	0808	0838	0858	0918	0938	0958	1018	1038	1100	1120	40	00	20	1840
Noak Hill Tees Drive	...	...	...	...	0642	0712	0742	0812	0842	0902	0922	0942	1002	1022	1043	1105	1125	45	05	25	1845

Dagenham Oval Road South	...	...	1822	1843	1905	25	45	05	2225	2247	2308	2330	2350	0010	0030
Dagenham Chequers	...	...	1827	1848	1908	28	48	08	2228	2250	2311	2333	2353	0013	0033
Dagenham Heathway Station	...	...	1831	1852	1911	31	51	11	2231	2253	2314	2336	2356	0016	0036
Dagenham Four Ways Corner	...	...	1837	1858	1917	37	57	17	2237	2259	2320	2342	0002	0022	0042
Rush Green Hospital	...	...	1841	1902	1921	41	01	21	2241	2303	2323	2345	0005	0025	0045
Romford Station	...	...	1846	1907	1927	47	07	27	2247	2308	2328	2350	0010	0030	0050
Romford Market	...	...	1848	1909	1929	49	09	29	2249	2310	2330	2352	0012	0032	0052
Gallows Corner	...	...	1854	1915	1935	55	15	35	2255	2315	2335	2357	0017	0037	0057
Harold Hill Goodshays Drive	...	...	1900	1921	1941	01	21	41	2301	2321	2341	0003	0023	0043	0103
Noak Hill Tees Drive	...	...	1905	1925	1945	05	25	45	2305	2325	2345	0007	0027	0047	0107



Mon-Fri  
special journeys only

## ZONE 4(5,6)

### Mondays to Fridays

Noak Hill Tees Drive ... ..	0445	0500	0515	0530	0545	0600	0615	0627	0637	0647	0656	0705	0715	0727	0739	0751	0803	0815
Harold Hill Gooshays Drive ... ..	0450	0505	0520	0535	0550	0605	0620	0632	0642	0652	0702	0712	0722	0734	0747	0759	0811	0823
Gallows Corner ... ..	0456	0511	0526	0541	0556	0611	0626	0638	0648	0658	0709	0719	0729	0742	0755	0807	0819	0831
Romford Market ... ..	0501	0516	0531	0546	0601	0616	0631	0643	0653	0703	0715	0725	0737	0750	0803	0815	0827	0839
Romford Station ... ..	0503	0518	0533	0548	0603	0618	0633	0645	0655	0705	0717	0728	0741	0754	0807	0819	0831	0843
Rush Green Hospital ... ..	0509	0524	0539	0554	0609	0624	0639	0651	0701	0712	0724	0736	0749	0802	0815	0827	0839	0851
Dagenham Four Wantz Corner ... ..	0512	0527	0542	0557	0612	0627	0642	0654	0705	0716	0728	0741	0754	0807	0820	0832	0844	0856
Dagenham Heathway Station ... ..	0517	0532	0547	0602	0617	0632	0647	0659	0711	0722	0735	0749	0802	0815	0828	0840	0852	0904
Dagenham Chequers ... ..	0520	0535	0550	0605	0620	0635	0650	0702	0714	0726	0739	0753	0806	0819	0832	0844	0856	0908
Dagenham Dock ... ..	↓	↓	0554	↓	↓	↓	↓	↓	↓	↓	↓	0759	↓	↓	↓	0850	↓	↓
Dagenham New Road/Kent Avenue ... ..	0521	0536	...	0606	0621	0636	0651	0703	0715	0727	0740	...	0807	0820	0833	...	0857	0909
Dagenham Fords Foundry ... ..	...	...	...	...	...	...	...	...	...	0735	...	...	...	...	...	...	...	...
Noak Hill Tees Drive ... ..	0827	0839	0851	0903	0915	0927	0939	...	1515	1527	1539	1551	1603	1615	...	1739	1752	1805
Harold Hill Gooshays Drive ... ..	0835	0847	0859	0911	0923	0935	0946	...	1522	1534	1545	1557	1609	1621	...	1745	1758	1811
Gallows Corner ... ..	0843	0855	0907	0919	0931	0943	0953	...	1529	1541	1552	1604	1616	1628	...	1752	1805	1818
Romford Market ... ..	0851	0903	0915	0927	0939	0950	1000	Then every 12 mins. until	1536	1547	1558	1610	1622	1634	Then every 12 mins. until	1758	1811	1824
Romford Station ... ..	0855	0907	0919	0931	0942	0953	1003	...	1539	1550	1601	1613	1625	1637	...	1801	1814	1827
Rush Green Hospital ... ..	0903	0915	0927	0938	0949	1000	1010	...	1546	1557	1608	1620	1632	1644	...	1808	1821	1834
Dagenham Four Wantz Corner ... ..	0908	0920	0932	0943	0954	1005	1015	...	1551	1602	1613	1625	1637	1649	...	1813	1826	1838
Dagenham Heathway Station ... ..	0916	0928	0939	0950	1001	1012	1022	...	1558	1609	1620	1632	1644	1656	...	1820	1833	1845
Dagenham Chequers ... ..	0920	0932	0943	0954	1005	1016	1026	...	1602	1612	1623	1635	1647	1659	...	1823	1836	1848
Dagenham Dock ... ..	↓	↓	↓	↓	↓	↓	↓	...	↓	↓	↓	↓	↓	↓	...	↓	↓	↓
Dagenham New Road/Kent Avenue ... ..	0921	0933	0944	0955	1006	1017	1027	...	1603	1613	1624	1636	...	1700	...	1824	1837	1849
Dagenham Fords Foundry ... ..	...	...	...	...	...	...	...	...	...	1620	...	...	...	...	...	...	...	...
Noak Hill Tees Drive ... ..	1818	1831	1846	1857	1908	1930	...	50 10 30	...	2150	2210	2230	2250	2310	2330	2350	0010	...
Harold Hill Gooshays Drive ... ..	1824	1837	1852	1903	1914	1935	...	55 15 35	...	2155	2215	2235	2255	2315	2335	2355	0015	...
Gallows Corner ... ..	1831	1843	1858	1909	1920	1941	...	01 21 41	...	2201	2221	2241	2301	2321	2341	0001	0021	...
Romford Market ... ..	1837	1849	1904	1915	1926	1947	...	07 27 47	...	2207	2227	2247	2306	2326	2346	0006	0026	...
Romford Station ... ..	1840	1852	1907	1918	1929	1949	...	09 29 49	UNTIL	2209	2229	2249	2308	2328	2348	0008	0028	...
Rush Green Hospital ... ..	1847	1859	1914	...	1935	1955	...	15 35 55	...	2215	2235	2255	2314	2334	2354	0014	...	...
Dagenham Four Wantz Corner ... ..	1851	1903	1918	...	1939	1959	...	19 39 59	...	2219	2239	2259	2317	2337	2357	0017	...	...
Dagenham Heathway Station ... ..	1858	1910	1925	...	1945	2005	...	25 45 05	...	2225	2245	2305	2322	2342	0002	0022	...	...
Dagenham Chequers ... ..	1901	1913	1928	...	1948	2008	...	28 48 08	...	2228	2248	2308	2325	2345	0005	0025	...	...
Dagenham New Road/Kent Avenue ... ..	1902	1914	1929	...	1949	2009	...	29 49 09	...	2229	2249	2309	2326	2346	0006	0026	...	...

### Saturdays

Noak Hill Tees Drive ... ..	0444	...	04 24 44	...	0704	0724	0744	...	1744	1759	1815	1830	1850	1910	1930
Harold Hill Gooshays Drive ... ..	0449	...	09 29 49	...	0709	0729	0749	...	1750	1805	1820	1835	1855	1915	1935
Gallows Corner ... ..	0455	Then at these minutes past each hour	15 35 55	...	0715	0735	0755	...	1757	1811	1826	1841	1901	1921	1941
Romford Market ... ..	0500	...	20 40 00	...	0720	0741	0801	...	1805	1817	1832	1847	1907	1927	1947
Romford Station ... ..	0502	...	22 42 02	UNTIL	0722	0743	0803	...	1808	1819	1834	1849	1909	1929	1949
Rush Green Hospital ... ..	0508	...	28 48 08	...	0728	0749	0809	...	1815	1825	1840	1855	1915	1935	1955
Dagenham Four Wantz Corner ... ..	0511	...	31 51 11	...	0731	0753	0813	...	1819	1829	1844	1859	1919	1939	1959
Dagenham Heathway Station ... ..	0516	...	36 56 16	...	0736	0759	0819	...	1825	1835	1850	1905	1925	1945	2005
Dagenham Chequers ... ..	0519	...	39 59 19	...	0739	0802	0822	...	1828	1838	1853	1908	1928	1948	2008
Dagenham New Road/Kent Avenue ... ..	0520	...	40 00 20	...	0740	0803	0823	...	1829	1839	1854	1909	1929	1949	2009
Noak Hill Tees Drive ... ..	1950	2010	2030	2050	2110	2130	2150	2210	2230	2250	2310	2330	2350	0010	...
Harold Hill Gooshays Drive ... ..	1955	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	0015	...
Gallows Corner ... ..	2001	2021	2041	2101	2121	2141	2201	2221	2241	2301	2321	2341	0001	0021	...
Romford Market ... ..	2007	2027	2047	2107	2127	2147	2207	2227	2247	2306	2326	2346	0006	0026	...
Romford Station ... ..	2009	2029	2049	2109	2129	2149	2209	2229	2249	2308	2328	2348	0008	0028	...
Rush Green Hospital ... ..	2015	2035	2055	2115	2135	2155	2215	2235	2255	2314	2334	2354	0014	...	...
Dagenham Four Wantz Corner ... ..	2019	2039	2059	2119	2139	2159	2219	2239	2259	2317	2337	2357	0017	...	...
Dagenham Heathway Station ... ..	2025	2045	2105	2125	2145	2205	2225	2245	2305	2322	2342	0002	0022	...	...
Dagenham Chequers ... ..	2028	2048	2108	2128	2148	2208	2228	2248	2308	2325	2345	0005	0025	...	...
Dagenham New Road/Kent Avenue ... ..	2029	2049	2109	2129	2149	2209	2229	2249	2309	2326	2346	0006	0026	...	...

### Sundays and Public Holidays

Noak Hill Tees Drive ... ..	0615	0645	0715	0735	0755	0815	0835	0855	0915	0932	0952	1012	1030	...	50 10 30	...	1750
Harold Hill Gooshays Drive ... ..	0620	0650	0720	0740	0800	0820	0840	0900	0920	0937	0957	1017	1036	...	56 16 36	...	1756
Gallows Corner ... ..	0626	0656	0726	0746	0806	0826	0846	0906	0926	0943	1003	1023	1042	...	02 22 42	...	1802
Romford Market ... ..	0631	0701	0731	0751	0811	0831	0851	0911	0931	0948	1008	1028	1048	...	08 28 48	...	1808
Romford Station ... ..	0633	0703	0733	0753	0813	0833	0853	0913	0933	0950	1010	1030	1050	...	10 30 50	UNTIL	1810
Rush Green Hospital ... ..	0639	0709	0739	0759	0819	0839	0859	0919	0939	0956	1016	1036	1056	...	16 36 56	...	1816
Dagenham Four Wantz Corner ... ..	0642	0712	0742	0802	0822	0842	0902	0922	0942	1000	1020	1040	1100	...	20 40 00	...	1820
Dagenham Heathway Station ... ..	0647	0717	0747	0807	0827	0847	0907	0927	0947	1006	1026	1046	1106	...	26 46 06	...	1826
Dagenham Chequers ... ..	0650	0720	0750	0810	0830	0850	0910	0930	0950	1010	1030	1050	1110	...	30 50 10	...	1830
Dagenham New Road/Kent Avenue ... ..	0651	0721	0751	0811	0831	0851	0911	0931	0951	1011	1031	1051	1111	...	31 51 11	...	1831
Noak Hill Tees Drive ... ..	1810	1830	1850	1910	...	...	30 50 10	...	2230	2250	2310	2330	2350	0010	...	...	...
Harold Hill Gooshays Drive ... ..	1816	1836	1856	1916	...	...	35 55 15	...	2235	2255	2315	2335	2355	0015	...	...	...
Gallows Corner ... ..	1822	1842	1902	1921	...	...	41 01 21	...	2241	2301	2321	2341	0001	0021	...	...	...
Romford Market ... ..	1828	1848	1908	1927	...	...	47 07 27	...	2247	2306	2326	2346	0006	0026	...	...	...
Romford Station ... ..	1830	1850	1910	1929	...	...	49 09 29	UNTIL	2249	2308	2328	2348	0008	0028	...	...	...
Rush Green Hospital ... ..	1836	1856	1916	1935	...	...	55 15 35	...	2255	2314	2334	2354	0014	...	...	...	...
Dagenham Four Wantz Corner ... ..	1840	1900	1920	1939	...	...	59 19 39	...	2259	2317	2337	2357	0017	...	...	...	...
Dagenham Heathway Station ... ..	1846	1906	1926	1945	...	...	05 25 45	...	2305	2322	2342	0002	0022	...	...	...	...
Dagenham Chequers ... ..	1850	1909	1929	1948	...	...	08 28 48	...	2308	2325	2345	0005	0025	...	...	...	...
Dagenham New Road/Kent Avenue ... ..	1851	1910	1930	1949	...	...	09 29 49	...	2309	2326	2346	0006	0026	...	...	...	...